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ABSTRACT OF THE DISCLOSURE

The present invention provides a contamination preventing method during the conveyance of a recording medium of an image forming apparatus in which the recording medium is held while conveyed and an image is formed on the recording medium. A contact portion of the recording medium held by the holding member is held only for a predetermined time and the contact portion is changed from time to time, thereby preventing or reducing contamination of the recording medium caused by a recording medium conveying unit regardless of the type of the recording medium.